



AGENDA

09:30 - 10:00 Coffee and registration

10:00 - 10:15 Welcome, agenda, project overview (Coordinator)
M Visser

10:15 - 11:30 Lightning talks

A chance to hear about the research conducted as part of the MooDFOOD project.

1. Linking food intake and depression **M Visser / M Nicolaou**
2. Linking food behavior and depression **L Lähteenmäki / L Winkens**
3. Nutritional strategies to prevent depression: effectiveness and sustainability **M Bot / A Grasso**
4. Nutritional strategies to prevent depression: feasibility **E Watkins**

11:30 - 11:50 Coffee break

11:50 - 12:30 Poster session

Discuss the MooDFOOD research with the poster presenters and leave your feedback - further questions, thoughts and ideas.

E Woodward / S Bryant, EASO
J Bowman / M Creek, Third-i

12:30 - 12:50 Nutritional strategies - outcomes for stakeholders

Discover the project outcomes that build on the research results and current scientific literature, specifically designed for key stakeholders.

M Nicolaou / J. Pullar

12:50 - 14:00 Lunch and museum visit

14:00 - 15:15 Workshop: How can health professionals, policymakers, patients and the general public use these outcomes?

A participatory session building on the project outcomes to make concrete recommendations on how they can be implemented and built on by a range of stakeholders.

J Bowman / M Creek, Third-i
Project team members leading each table

15:15 - 15:30 Coffee break

15:30 - 16:20 Stakeholder responses

1. GAMIAN: Implications for EU citizen / Patients **E V / D Eycken**
2. EASO: Implications for people with obesity **S Sigurðardóttir**
3. EFAD: Implications for Dietitians **J Liddell**
4. EAAD: Implications for Health professionals **A Szekely**
5. Implications for policy **J Pullar**

16:20 - 16:35 Summing up, conclusions and future research opportunities
M Visser

16:35 - 18:00 Drinks reception